## Guiding participants from intent to action

**2016 Defined Contribution Plan Participant Survey Findings** 

Name, Title, Group



### **Agenda**

- Overview & key findings
- The state of DC plan participants
- Effecting change
- The automatic 401(k): Participant views
- Guiding participants to secure retirement outcomes



## Overview and key findings



### A closer look at how plan participants are thinking and behaving

The 2016 study aims to better understand:

#### **CONFIDENCE LEVELS**

How confident are participants about being able to achieve a financially secure retirement?

## SUPPORT FOR AUTOMATIC FEATURES AND STRATEGIES

What are participants' views of & experiences with automatic features, TDFs and re-enrollment?

#### **TRENDS VS. 2012**

What has changed since our 2012 survey was conducted?



### Our survey methodology



Conducted by Mathew Greenwald & Associates, Inc. on behalf of J.P. Morgan

Online survey took place January 12 to 25, 2016



#### 1,001 survey respondents

- At least 18 years old
- Employed full-time at a for-profit organization with at least 50 employees
- Actively contributing to a 401(k) plan in the last 12 months



Survey results weighted by age, gender and education to reflect overall makeup of general population of 401(k) plan participants



### **Key findings**



# The research reveals three defining issues with implications for the direction of DC plan evolution:

- A knowledge gap remains—many participants are still not confident in their approach to saving and investing
- There appears to be a very human disconnect between participant intent and action
- A potential misperception about participant support for the "automatic 401(k)" may be holding plan sponsors back from strengthening their plans



## The state of DC plan participants

Attitudes, behaviors and confidence levels around saving and investing



### Participants are aware that they are not saving enough for retirement

Percentage of participants on target vs. their stated 10% savings goal

75% of participants think they should be saving 10% or more to be on track toward a secure retirement



Note: Of those that responded to % of salary, before taxes, contributed to retirement plan in 2015 and say they should be contributing 10% or more to be on track in 2016 n=754. Source: J.P. Morgan Plan Participant Research 2016.



### Still, saving for retirement often takes a backseat...

Which, if any, of the following are major reasons you are not saving more money for retirement now through your 401(k)? (Top three response choices)

	2016 Total		
$oxed{1}$ I have to pay off debts	49%		
2 I do not earn enough at my job	36%		
3   I have other spending priorities	26%		

Note: Of those not contributing the maximum amount n=857. Source: J.P. Morgan Plan Participant Research 2016.



### ...and few have a clear understanding of how to set a retirement savings goal

How confident are you in your knowledge of each of the following aspects of 401(k) retirement planning? (% responding "very" or "extremely" confident)



#### **PLAN SPONSOR VIEWPOINT**

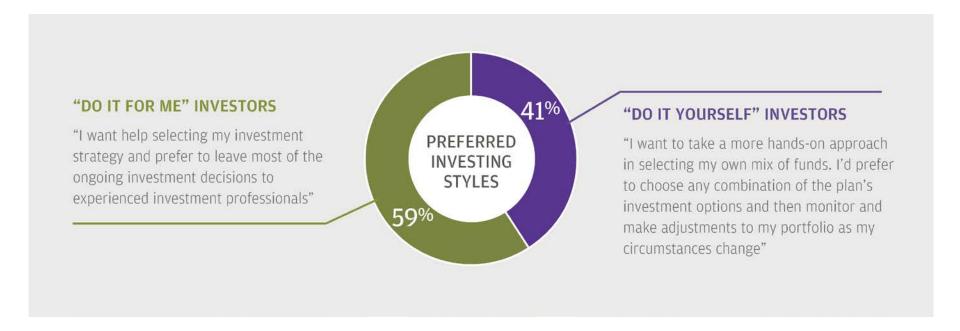
53% of plan sponsors say that they evaluate the success of their 401(k) plan by the number of participants who are on track to reach a financially secure retirement<sup>1</sup>

<sup>1</sup>J.P. Morgan Plan Sponsor Research 2015. Note: 2012 Total n=1,009; 2016 Total n=1,001. Source: J.P. Morgan Plan Participant Research 2012, 2016.



### Although there are differences in participants' preferred investing styles...

Which of the following most closely aligns with the way in which you prefer to make investment decisions in your 401(k) plan?



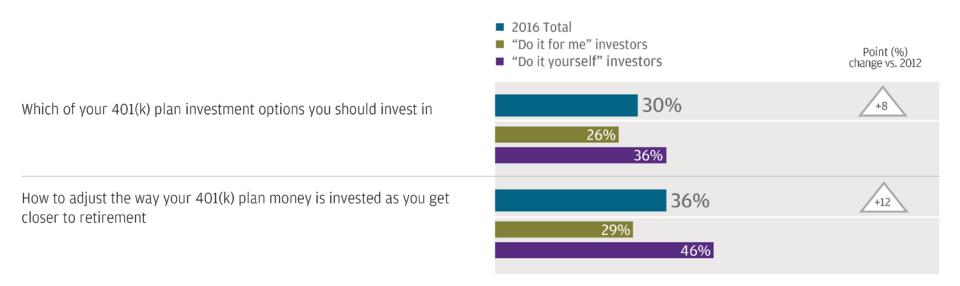
Note: 2016 Total n=1,001.

Source: J.P. Morgan Plan Participant Research 2016.



### ...few, overall, are confident in their ability to make investment decisions

How confident are you in your knowledge of each of the following aspects of 401(k) investing? (% responding "very" or "extremely" confident)



#### **PLAN SPONSOR VIEWPOINT**

Less than ½ of plan sponsors are confident that their participants have an appropriate asset allocation<sup>1</sup>

<sup>1</sup>J.P. Morgan Plan Sponsor Research 2015.

Note: 2012 Total n=1,009; 2016 Total n=1,001, "Do it for me" investors n=554, "Do it yourself" investors n=447.

Source: J.P. Morgan Plan Participant Research 2012, 2016.



## Effecting change

A framework for strengthening DC plans



### Effecting change will require a strong emphasis on...







Improving savings behavior Simplifying investment decisions

Allowing inertia to work for, not against, participants

The Pension Protection Act of 2006 gave plan sponsors the tools needed to design plans that focus on achieving these three objectives



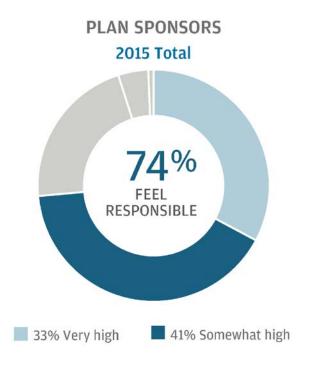
## The automatic 401(k): Participant views

What form of support do participants want or expect from their employers?

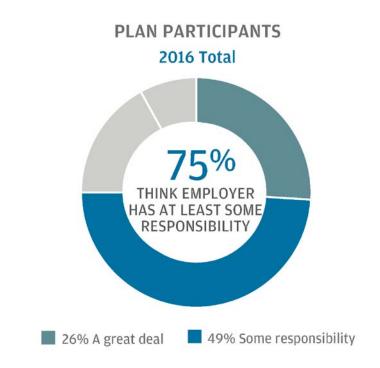


### Plan sponsors and participants agree on plan sponsor responsibility

As an employer, which of the following best describes the level of responsibility you feel for the overall financial wellness of your employees?



How much responsibility do you believe your employer should have for helping employees save for retirement?

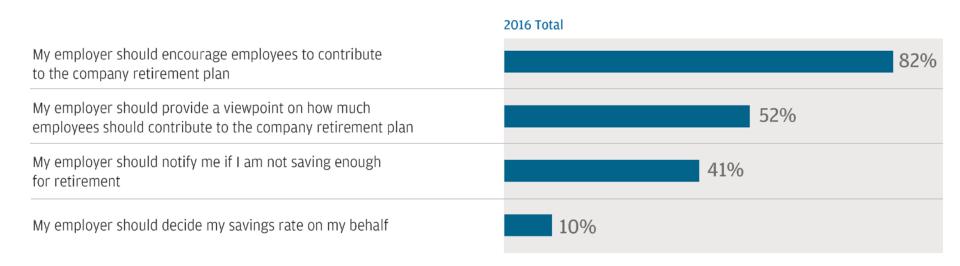


Note: 2015 Plan Sponsor Total n=756; 2016 Plan Participant Total n=1,001. Source: J.P. Morgan Plan Sponsor Research 2015; J.P. Morgan Plan Participant Research 2016.



### When it comes to saving, participants want encouragement...

To what extent do you agree or disagree with the following statements? (% responding "somewhat agree" or "strongly agree")



Note: 2016 Total n=1,001.

Source: J.P. Morgan Plan Participant Research 2016.



### ...and support the use of automatic features in their plans

Percentage of participants in favor of or at least neutral toward the plan feature

	Total	"Do it for me" investors	"Do it yourself" investors
Automatic enrollment	75%	73%	78%
Automatic contribution escalationa	74%	77%	70%
Combination of automatic enrollment and automatic contribution escalation <sup>b</sup>	67%	69%	66%



96% of those automatically enrolled in their 401(k) plans are satisfied



97% of those whose contributions are/were automatically increased on an annual basis are satisfied

Note: 2016 Total n=1,001, "Do it for me" investors n=554, "Do it yourself" investors n=447. Of those automatically enrolled in their 401(k) plan n=226. Of those whose contributions are/were automatically increased on an annual basis n=82.

Source: J.P. Morgan Plan Participant Research 2016.

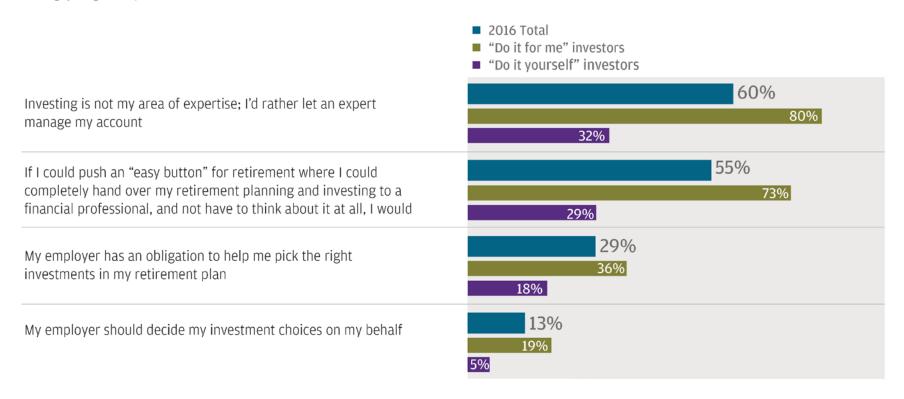


a Annual increases of 2% of salary up to 10%.

 $b \ Starting \ contributions \ at \ 6\% \ with \ automatic \ increases \ of \ 2\% \ every \ year \ until \ contributions \ reach \ about \ 10\% \ of \ pay.$ 

### When it comes to investing, many want the help of an expert...

To what extent do you agree or disagree with the following statements? (% responding "somewhat agree" or "strongly agree")



Note: 2016 Total n=1,001, "Do it for me" investors n=554, "Do it yourself" investors n=447. Source: J.P. Morgan Plan Participant Research 2016.



### ...most are receptive to target date funds...

Attitudes toward and usage of target date funds

	Total	"Do it for me" investors	"Do it yourself" investors
Appeal of target date funds (% stating "somewhat" or "very" appealing)	90%	94%	84%
Importance of target date funds in plan (% stating "somewhat" or "very" important)	75%	82%	65%
Invested in target date funds (If available in plan) <sup>a</sup>	62%	73%	47%



47% of "do it yourself" investors still choose to invest in target date funds

a Of those invested in TDFs if available in plan n=550, "Do it for me" investors n=276, "Do it yourself" investors n=274. Note: 2016 Total n=1,001, "Do it for me" investors n=554, "Do it yourself" investors n=447. Source: J.P. Morgan Plan Participant Research 2016.



### ...and many are supportive of their employers conducting a re-enrollment

Percentage of participants in favor of or at least neutral toward re-enrollment

	Total	"Do it for me" investors	"Do it yourself" investors
Re-enrollment	82%	89%	72%



99% of those who have gone through a re-enrollment and allowed funds to be moved to a TDF are satisfied

#### **PLAN SPONSOR VIEWPOINT**

**14%** of plan sponsors that have considered but did not conduct a re-enrollment felt as though they would get too much pushback from employees<sup>1</sup>

### A look into our survey:

# How did we ask participants about their attitudes toward re-enrollment?

"Some employers believe that all employees who invest in their company's 401(k) plan should review and re-affirm their investment selections periodically to ensure they are still appropriate. In these cases, employers would notify employees that their account balances would be moved to an appropriate mix of investments based on their age (i.e. a Target Date Fund) unless they took action by opting out and selecting a different investment option. Do you favor or oppose an employer doing this?"

<sup>1</sup>J.P. Morgan Plan Sponsor Research 2015.

Note: 2016 Total n=1,001, "Do it for me" investors n=554, "Do it yourself" investors n=447.

Of those who went through a re-enrollment and allowed funds to be moved to a target date fund n=96.

Source: J.P. Morgan Plan Participant Research 2016.



## Guiding participants to secure retirement outcomes

Implementing the elements of the automatic 401(k)



### What plan sponsors can do

Participants support the automatic 401(k)



Improve savings behavior

ADOPT
AUTOMATIC FEATURES



Simplify investment decisions

SELECT AN APPROPRIATE QDIA, SUCH AS A TDF



Allow inertia to work for, not against, participants

CONDUCT A RE-ENROLLMENT



#### **Disclosures**

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**TARGET DATE FUNDS.** Target date funds are funds with the target date being the approximate date when investors plan to start withdrawing their money. Generally, the asset allocation of each fund will change on an annual basis, with the asset allocation becoming more conservative as the fund nears the target retirement date. The principal value of the fund(s) is not guaranteed at any time, including at the target date.

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